Post-Exam Reflection

This activity is designed to provide you an opportunity to reflect on your exam performance and the effectiveness of your exam preparation. Your responses will not be graded, but you will receive credit for thoughtful reflection. Please be candid with your responses.

1.   What was the score that your responses earned on the exam?

2.   Please indicate your level of satisfaction with the score that you earned.

3.   Approximately, how many hours did you spend studying for this exam?

4.   Approximately, how many days before the exam did you begin studying for this exam?

5.   The time I spent studying for this exam was sufficient.

6.   I should have studied "smarter" for this exam.

7.   Estimate the time spent on:
   • Reading textbook sections for the first time
   • Re-reading textbook sections
   • Reviewing previously completed activities
   • Reviewing your own notes
   • Reviewing handouts
   • Discussing course materials and questions with classmates
   • Studying the relations among concepts and ideas

8.   Carefully look over your exam. What question(s) did you do most poorly on? How could you have prepared better for this/these question(s)?

9.   Estimate the percentage of points lost for each of the following reasons:
   • Careless mistakes
   • Familiarity with terms or vocabulary
   • Knowing facts
   • Understanding concepts
   • Being able to apply concepts in new contexts
   • Seeing connections among concepts and facts
   • Other reasons

   Please explain your responses in section above if appropriate.

10.   Reflect on your metacognitive skills. Compare your exam score with your knowledge survey score and expected exam score before (prediction) and after (postdiction) taking the exam. What could you do to improve in this area?

11.   Based on your responses to the questions above, describe at least three (3) things that you plan to do differently in preparing for the next exam. For instance, will you spend more time studying, change a specific study habit, or try a new one? Please describe.

12.   What can I do to help support your learning and preparation for the next exam?